

Within Winslow

Date: June 2013

Volume:13

Issue: 6



FBC Giveaway and Bike Rally

JUNE

Great Big Giveaway and the Bike Repair Rally this Saturday at First Baptist Church in Winslow, AR 9:00 a.m.

Time again for the BIKE REPAIR RALLY at First Baptist Church in Winslow, AR. This Saturday morning at 9:00. Free bike repairs, safety checks, and we have several bikes to give away. Free hot dogs at 10:00. Please share this with all of your Winslow friends.

Don't forget Bingo at Community Meals on Wednesday, June 12th at 10:00 AM sponsored by Winslow Home Extension Club

From the writings of Isabel France.

The spell of the Ozarks is enchanted doubly in June-time. There is such a breathless beauty about the sunrise lighting up the mountain peaks, or the moonlight shining down in deep gladey places. Such a lavish blossoming of flowers beneath the canopies of forest trees. Each bit of loveliness – mint, moss, flower, or fern – complete within it's self. Such a music in the sparkling mountain waters as they go singing along. Singing a way of deliverance to the race of Adam. Gentlest breezes wafting that sweetest of all incense – wild roses, wild grapes, and muscadines. Such a bewitching array of flashing bird colors. Every bird in love and every bird using his tongue to tell about his love. Just so many, many things made in the mold of Heaven to cast a spell upon human hearts.

NEWS FROM THE WINSLOW MUSEUM

Editor: Jo Ann Kyle 479-634-3105
Mailing Address: 22288 Kyle Rd., Winslow, AR 72959

Web Site: www.winslowar.com

The Winslow Museum has been very blessed with the donation of several items from one-time Winslow resident Donald Page of Kansas City, KS. Don is the son of Dick and Dora Page who owned Page's Drug Store where City Hall is now located. He left Winslow in 1943 when he joined the Army. He sent many drawings and stories of his young days in Winslow. A new exhibit has been created showcasing his wonderful and amusing drawings. To go along with the items which Don sent, his daughter Donna sent some wonderful pictures and personal wedding items belonging to her grandparents Dick and Dora Stevens Page. Many of these items will be included in the exhibit. The museum also purchased some wonderful display cases made by Houston Wilhite. We are in the process of filling these cases with items from the history of Winslow. If anyone has any Winslow items they would like to donate to the museum, please contact Renee or Beverly at City Hall. We would love to be able to display any historical items from Winslow and its surrounding communities. We are also very interested in family stories and photographs from the area. The museum is open Monday – Friday 9:00 – 3:00 and by appointment on Saturday. For more information call 634-3901.



"Comedy Corner"

By David Gesn

Gossip, a combination of lies; manipulation, and speculation, is about as frivolous as a monkey scratching his butt! Neither seem to care which direction to travel, nor who is watching. Both seem comical when the human proclaims, "He said, she said, they said," the facial structure becomes a contortion of emotions; and theatrics.

Gossip tells only one side of any story. It is often performed by the intelligent and ignorant amongst us. The mind of a human being itches with imagination, and he or she scratches the side of their head trying to determine what to provoke into the minds of others. The monkey scratches his head thinking nothing, then scratches his butt because it itches, never attempting to convince the other monkeys of anything. Kinda' makes one wonder which species is the smartest of the two!?!

Christian belief or not, there's no way man could have ever evolved from any monkey! Not once have I ever witnessed any monkey gossiping about another monkey.

Course, it's true, I've never actually studied monkey behavior, though I have studied man's. I do so wonder if the monkey can invent some of the lies, manipulation, and gossip that man can come up with; maybe not.

God help us if the monkey ever becomes as intelligent as man!
Hallelujah! Poor ol' monkey!

Meetings

Winslow City Council

2nd Mon. @ 7:00 PM @ City Hall

WCDC board 2nd Mon. @ 7:00 PM @ Winslow Library

Ozark Folkways Guild Board

3rd Sat. @ 1:00 PM

Winslow Home Extension

3rd Tue. @ 11:00 AM @ Winslow First Baptist Church

Boston Mountain Quilters

Ozark Folkways 10:00 AM.

Monday. Bring Potluck Lunch

BMFD Board Meeting

2nd Thurs. @ 7:00 PM. BMFS

United Methodist Women

1st Mon. @ 10 AM. At the church.

BMFD meets 1st & 3rd Monday

@ 7:00 PM. At BMFS

Friends Of The Library 1st Saturday 12:30 PM @ Library

Bake Sale - 1st Sat. of each month 9 - 12.

First Baptist Church Women

1st and 3rd Monday at 1 PM at FBC.

4-H Club 1st Mon. 4:15 PM

@ Boston Mountain Fire Station

Community Meals Board

2nd Mon. 5:00 PM @ the Winslow

Community Meals Building.

Winslow Library Hours: 9:00 AM to 5:00 PM

Tuesday, Wednesday, Thursday, & Saturday

Winslow Craft "Faire". 2nd Saturday of each month

@ The BMFD. 9:00 AM - 4:00 PM

Questions? Call Christine @ 479-287-6745

Wool & Wheel Hand Spinners

3rd Saturday 10 AM @ Ozark Folkways.

& 1st Wednesday each month @ Prairie Grove

Battlefield Park, Latta Barn, Prairie Grove, AR.

WINSLOW LIBRARY NEWS

We cannot believe May is over and summer is here!

But we are also excited because June 17 begins our summer reading program at the library.

It is for grades K-4 and it starts June 17 - July 25th presented by the Washington County Library System.

The reading program is on Thursdays here at Winslow Library at 10:00 AM.

Here is a schedule of events:

June 17 -20 WE DID CAVE

Learn how caves are formed and are used as shelter or for recreation.

June 24-27 ROCK AND ROLL

Discover interesting rocks beneath your feet. Choose a pet rock, decorate it, and take it on adventures.

July 1-3 DIG MY HOUSE

Find out which animals live underground and the ways they have adapted to living below the surface.

July 8-11 DIG MY GARDEN

We will learn about composting, growing vegetables, and taking care of mother earth

July 15-18 DIGGING UP OZARK HISTORY

What was life like in this area many years ago? Share some stories and memories of the people who settled the Ozarks.

July 22-25 DIGGING UP BONES

Join us as we learn about dinosaurs and fossils. Find out how people discover and study life forms that are extinct.

Come join us on Thursdays at 10:00 and have loads of fun!!!!

The library has new book selections weekly.

We offer 4 computers for you to enjoy plus an early education computer for the little ones.

We have a great selection of books, audio books, CD's, DVD's and it's all free!

We are your library, come and check us out.

Jean and Pam
Librarians

FRIENDS OF THE LIBRARY NEWS

THE BOOKSTORE IS ONCE AGAIN OPEN!!!!!!!!!!

An all new selection of books, audio books, DVD's, VHS's, and CD's available.

The sale in the hall is now over. There will be a free book table in the hall but the clearance items will be in the book store.

The prices are different, reflecting the new selection but our prices are still better than some of the other thrift stores and used book stores.

Please come and check us out. All funds go to help the Winslow Library. Come and support your library.

Friends members, your dues are now due for 2013. Please drop them off at the library to Pam Kugel librarian. She is also the treasurer for the Friends.

All adds are going to business card size adds. All adds are \$2.50 and needs to be paid before they are put in the paper.

We still need your articles for the paper. Please e mail them to withinwinslow@gmail.com.

DON'T FORGET THE 50/50 DRAWING!!!! Drawing will be on July 4th. Tickets are at the Library.

We have a bake sale every 1st Saturday of every month. Come and support us and eat some yummy stuff.

Friends



DID YOU KNOW.....

that Winslow had its own telephone company?

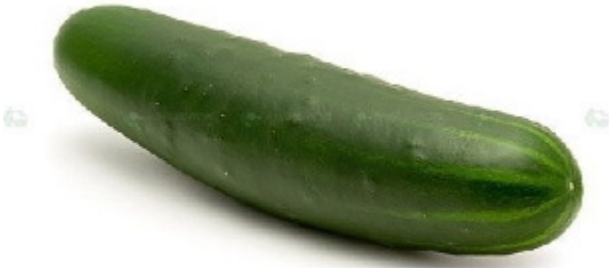
The Winslow Telephone Company was organized in 1908 by a group of stockholders headed by brothers J. A. and George Winn. Lines were extended from the central office to the surrounding communities of Blackburn, Oak Grove, Sunset, Hazel Valley, Singleton (Winfrey Valley), Porter (Schaberg), Armada, Chester, and Brentwood. The office was upstairs over the bank building and during the winter months was open from 7 AM to 7 PM. During the summer months when the many resorts of the area had guests, the office was open until 11 PM. After a couple of years, a small building was erected on the side of the hill east of town and the office was moved there.

The Amazing Cucumber

If this is true, all I can say is, "What a Vegetable?"

The Amazing Cucumber

This information was in The New York Times several weeks ago as part of their "Spotlight on the Home" series that highlighted creative and fanciful ways to solve common problems.



1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.

3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.

5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!

6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed

and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!

7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explorers for quick meals to thwart off starvation.

8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.

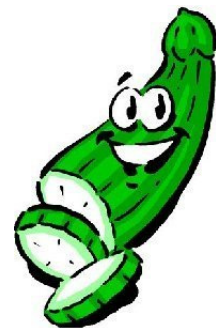
9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!

10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

11. Just finished a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!



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Velda's Words

By Velda Brotherton

Finally settled in new, smaller home. Today is the first day I actually drew a full breath and leaned back in my chair and felt at home. My girls were fantastic and left kitchen, living room, bedroom and bath in tip top shape. Some rooms are a work in progress, but so very manageable. Now I can get back to work writing. My favorite past time after spending time with family.

If anyone is confused, what we did was change houses with our renters to go to a smaller, all on one floor house. I can't get around very well at all and Don is right behind me in that department, though he walks better, he has trouble with steps and getting up from low chairs. Anyway, yes, we did move with the help of Jeri and Farrel and a bunch of friends. Address is now 14284 Sunset Rd., same phone number.

It isn't often I send out shameless promotion, but I'm so excited. Montana Promises is available in audio at audible.com. This is the first audio book I've actually had a hand in producing. Jeff Justus and his fabulous Western voice read the story, and he's so good he put the reader right there. As soon as I get moved and settled we're going to do the second in the Montana Series. It's fun to do, but pretty time consuming, but I'm so happy with the results.

You can hear a free sample and maybe buy a copy. If Dad likes Western romance, he might like this audio. http://www.audible.com/pd/ref=sr_1_1?asin=B00CO9LJFK&qid



Home Made Tick Repellent

Ticks can be troublesome outdoor pests, as they feed off the blood of mammals, and can carry and transfer bacteria and disease such as Lyme disease. Some retail products are designed to repel ticks, but these are many times high-priced items and no more effective than a simple homemade solution.

Repellent for Pets

For pets, add 1 cup of water to a spray bottle, followed by 2 cups of distilled white vinegar. Ticks hate the smell and taste of vinegar, and will be easily be repelled by this ingredient alone. Then, add two spoonfuls of vegetable or almond oil, which both contain sulfur (another natural tick repellent). To make a repellent that will also deter fleas, mix in a few spoonfuls of lemon juice, citrus oil, or peppermint oil, which will all repel ticks and fleas while also creating a scented repellent. Spray onto the pet's dry coat, staying away from sensitive areas including eyes, nose, mouth, and genitals. When outdoors for an extended period, spray this solution on two to three times per day. When pets are outdoors generally to use the restroom only, spray the solution onto the animal's coat once per day.

Repellent for Humans

A simple homemade repellent can be made with a few inexpensive household ingredients. In a spray bottle, mix 2 cups of distilled white vinegar and 1 cup of water. To make a scented solution so you do not smell like bitter vinegar all day, add 20 drops of your favorite essential oil or bath oil. Eucalyptus oil is a calm, soothing scent that also works as a tick repellent, while peppermint and citrus oils give off a strong crisp scent that also repel ticks. After mixing the solution, spray onto clothing, skin, and hair before going outdoors. Reapply every four hours to keep ticks at bay, and examine the skin and hair when returning home to make sure no ticks are on the body.



HOMEMADE MOSQUITO TRAP

Have you noticed the Mosquitoes are already out! Here is a homemade trap to help keep you and the kiddos from being a blood donor!!!

HOMEMADE MOSQUITO TRAP:

Items needed:

- 1 cup of water
- 1/4 cup of brown sugar
- 1 gram of yeast
- 1 2-liter bottle

HOW:

1. Cut the plastic bottle in half.
2. Mix brown sugar with hot water. Let cool. When cold, pour in the bottom half of the bottle.
3. Add the yeast. No need to mix. It creates carbon dioxide, which attracts mosquitoes.
4. Place the funnel part, upside down, into the other half of the bottle, taping them together if desired.
5. Wrap the bottle with something black, leaving the top uncovered, and place it outside in an area away from your normal gathering area. (Mosquitoes are also drawn to the color black.)

Change the solution every 2 weeks for continuous control.



MR SCIENCE



For camping or late nights at the beach? Leave 1/4 of Mountain dew in bottle (just dont drink it all), add a tiny bit of baking soda and 3 caps of peroxide. Put the lid on and shake - walla! Homemade glow stick (bottle) solution. Super cool

IS THE WEIGHT YOU GAINED FROM OVEREATING OR SOMETHING ELSE

submitted by Pam Kugel

What's With the Weight Gain?

If you started taking in more calories than usual or cutting back on exercise, you wouldn't be surprised if the numbers on the scale crept higher. But what if you're doing everything the same as you always do and your weight still goes up? It's time to delve a little deeper into what else might be going on.

Lack of Sleep

There are two issues at work with sleep and weight gain. The first is intuitive: If you're up late, the odds are greater that you're doing some late-night snacking, which will increase your calorie intake. The other reason involves what's going on biochemically when you're sleep deprived. Changes in hormone levels increase hunger and appetite and also make you feel not as full after eating.

Stress

When life's demands get too intense, our bodies go into survival mode: Cortisol, the "stress hormone," is secreted, which causes an increase in appetite. And then of course, we may reach for high-calorie comfort foods in times of stress as well. This combination is a perfect breeding ground for weight gain.

Antidepressants

An unfortunate side effect from some antidepressants is weight gain. Talk to your doctor about making changes to your treatment plan if you think your antidepressant is causing weight gain. But never stop or change your medication on your own. Realize that some people experience weight gain after beginning drug treatment simply because they're feeling better, which leads to a better appetite. Also, depression itself can cause changes in weight.

Steroids

Anti-inflammatory steroid medications like prednisone are notorious for causing weight gain. Fluid retention and increased appetite are the main reasons. Although weight gain is common, the severity of this side effect depends on the strength of the dose and length of time on the drug. Some people may also see a temporary redistribution of fat while taking the drug -- to places like the face, back of the neck, or the abdomen.

Drugs That May Cause Weight Gain

Several other prescription drugs have been associated with weight gain. The list includes antipsychotic drugs (used to treat mood disorders like schizophrenia and bipolar disorders), along with medications to treat migraines, seizures, high blood pressure, and dia-

betes. Work with your doctor to find a medication that treats your symptoms without disrupting side effects.

Don't Jump to Blame the Pill

Contrary to popular belief, there is lack of evidence that combination birth control pills (estrogen and progesterin) cause lasting weight gain. It is thought that some women taking the combination pill may experience some weight gain related to fluid retention, but this is usually short-term. If you're still concerned about possible weight gain, talk to your health care provider.

Hypothyroidism

If your thyroid (the butterfly-shaped gland in the front of your neck) is not making enough thyroid hormone, you're probably feeling tired, weak, cold, and gaining weight. Without enough thyroid hormone, the metabolism slows, making weight gain more likely. Even a thyroid functioning at the lower end of the normal range might cause weight gain. Treating hypothyroidism with medication may reverse some of the weight gain.

Don't Blame Menopause

Most women do gain some weight around the time of menopause, but hormones probably aren't the only cause. Aging slows the metabolism, so you burn fewer calories, and changes in lifestyle (such as exercising less) play a role. But where you gain weight also may be related to menopause, with fat accumulating around your waist, not your hips and thighs.

Cushing's Syndrome

Weight gain is a common symptom of Cushing's syndrome, a condition in which you are exposed to too much of the hormone cortisol, which in turn causes weight gain and other abnormalities. Cushing's syndrome can occur if you take steroids for asthma, arthritis, or lupus. It can also occur when your adrenal glands produce too much of the hormone, or be related to a tumor. The weight gain may be most prominent around the face, neck or upper back, or waist.

Polycystic Ovary Syndrome (PCOS)

PCOS is a common hormonal problem in women of childbearing age. Most women with PCOS grow many small cysts on their ovaries. The condition leads to hormone imbalances that affect a woman's menstrual cycle and can lead to excessive body hair and acne. Women with this condition are resistant to insulin, which may cause weight gain. The weight tends to collect around the abdomen, putting these women at greater risk for heart disease.

Quitting Smoking

On average, people who stop smoking gain less than 10 pounds. Why? Because without nicotine you may:

Feel hungrier and eat more (this feeling should go away after several weeks)

Experience a decrease in your metabolism, without reducing your

calorie intake

Find food tastes better, which may lead to overeating

Eat more high-fat, high-sugar snacks and drink more alcohol

Rule 1: If You Do Gain Weight ...

Don't stop taking any medications without first consulting your doctor. Recognize the importance of the drug you're taking. It may be critical to your health.

Rule 2: If You Do Gain Weight ...

Don't compare yourself to other people taking the same drug. Not all people experience the same side effects on the same drug. Even if one drug caused someone else to lose weight, the same might not be true for you. Consult your doctor.

Rule 3: If You Do Gain Weight ...

Don't freak out if the weight gain is just from water retention, which is not permanent weight or fat. Once you've finished taking the drug or gotten the medical condition under control, the puffiness from fluid retention may subside. Stick to a lower-sodium diet in the meantime.

Rule 4: If You Do Gain Weight ...

Check with your doctor about another drug you can take. In many cases, your doctor can switch you to another medication that might not have the same side effects.

Rule 5: If You Do Gain Weight ...

Learn if the weight gain is from a decrease in metabolism -- from either a medical condition or medication. And if so, take the time to participate in metabolism-raising activities. Get moving!



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For Immediate Release:

“The drawings, paintings, and extraordinary objects of Erin Chapman and David Holcomb will be on display at Ozark Folkways Heritage Center, June 1-26th.”

Please join us for a special opening reception on Friday, June 7, 6-8 p.m. Admission is free.

- “Erin Chapman taught gifted and talented classes in Fayetteville schools until her retirement in 1997. She moved to Winslow 2003 and started a summer art camp for children, which later merged with the art camp program offered by the Van Buren Art Center. Erin organized and led adult art groups at Ozark Folkways for several years.

Most of the art Erin will be exhibiting in June will be in the “other” category. Several pieces may be grouped as: Attachment Disorders -pieces that include one or more antique sewing machine attachments, tortured into new lives, as bizarre animals. Several skeletons will also play a part in the exhibit. Some mixed media paintings, as well as other three dimensional pieces, may show up for the hanging as well.”

- “Born and raised in Alabama during the turbulent 1960’s and 70’s, David Holcomb spent thirty years working in the television news and entertainment industry in Birmingham, in South Florida and in Dallas, Texas, before waking up one day in a log cabin here in the Ozark foothills.

David’s artwork is inspired by everything from Greek Classics to classic drive-in movies; from rural landscapes to the social and moral conflicts of modern life everywhere -- all bound together by the desire to connect ideas and people across boundaries of time, culture, and geography.”

For more information contact Rebecca: 479-634-3791

Ozark Folkways is located in Winslow, Arkansas -- 25 miles south of Fayetteville -- at 22733 North Highway 71 (across the street from Sky-View Lodge and next door to the Our Lady of the Ozarks Shrine.) For more information call Ozark Folkways at 479-634-3791, or visit the Folkways website at www.ozarkfolkways.org.

Our Current Project At Ozark Folkways

Dear Friends of Folkways,

Take a look at our current project and let me know what you think?

I want to personally share a few things with you.

Once again, we are in the middle of it -the middle of a Fantastic Project, the middle of Spring, and the middle of our Dream.

You see, we have been dreaming for a long time around here. A really long time.

Miss Muxen started it all in the early 50’s, Ozark Native Crafts kept the Dream Alive through the 90’s, and Connie Wright, with all her friends and volunteers, kept the Dream safely perched upon their shoulders, until a few years ago. Now it is OUR turn together, to make our PUSH into the 21st century.

I have attached a copy of our current project. Please take a look and let me know what you think?

If you would like to join our project, please email me.

All support to Ozark Folkways, whether it be volunteering or donating money, is always greatly appreciated.

We are a 501 c)3 nonprofit, so your gifts of money are tax-deductible.

At Ozark Folkways, we do everything together!
Join us, won’t you?

Rebecca Buchanan
Director
Ozark Folkways

www.ozarkfolkways.org
www.facebook.com/ozarkfolkways

“The Dream Lives On!”

The Community Kitchen

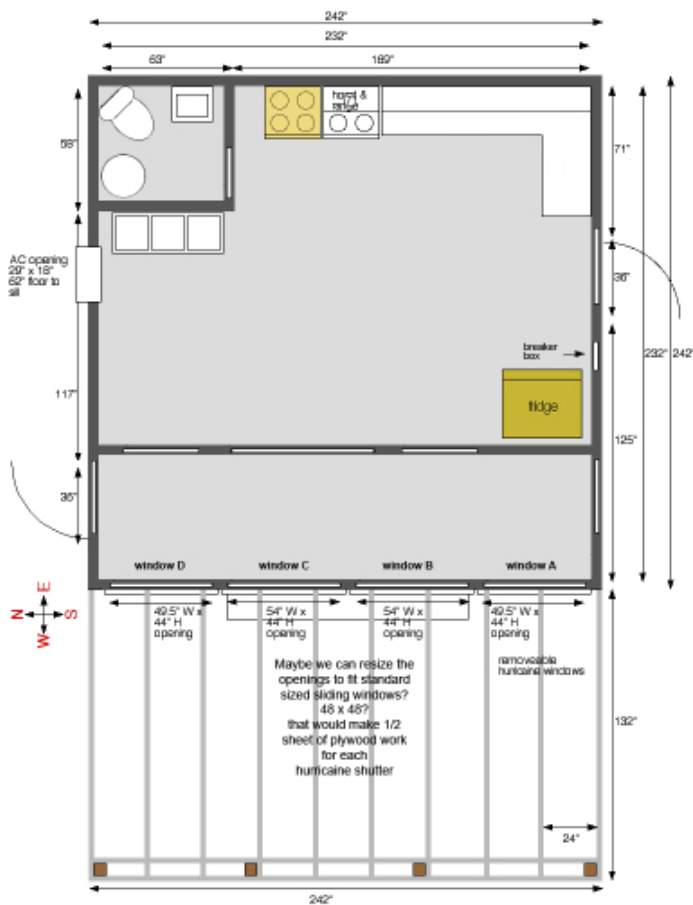
In the beginning, there was a somewhat dysfunctional space that had, at one time, been a community kitchen. Lots of folks remembered canning and cooking and eating chicken and dumplings in this kitchen, but it had been many years since anyone had felt the fortitude to cook in that nostalgic place... by the end of 2012, it had a noticeable feeling of

decaying love about it... Even the lighting had assumed an air of permanent winter...

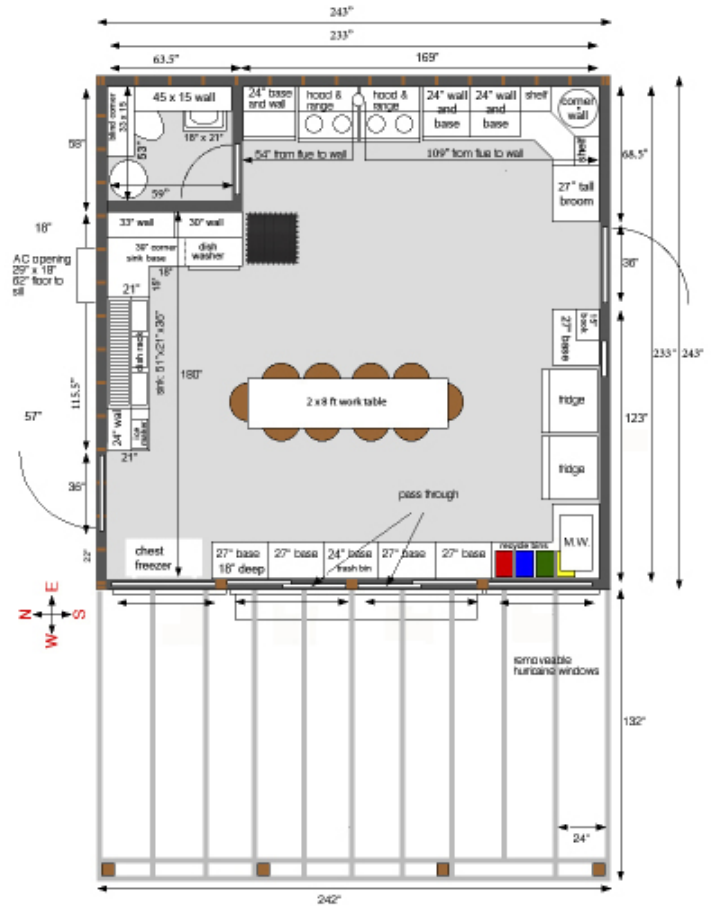
... and yet, there were visionaries hovering in the wings who sensed that there was life in the old gal yet. In December 2012 at the Little Free Library workshop at Ozark Folkways, John Ford spoke with Judith Levine about Janet Adair's plan to find a way to renovate the old community kitchen. Neither one had ever met a ladder that didn't need climbing or a project that didn't need completing, so... up the ladder they flew to check out the bones of the old place..... and she had great bones!

The Walker Family Foundation had recently awarded a grant to Folkways to build a beautiful new stage in the woods and so the idea to include the kitchen as a part time concession stand for concerts seemed like a good plan. Now the only path forward was to find a way, with no budget...

...to go from this:



to this:



As it turns out, once there was a vision, there was a sort of contagious generation of enthusiasm that took place. We would like to thank community members who came under the spell of this project:

Rob Sample from Mid-America Cabinetry in Gentry donated all the cabinetry including countertops, tabletops and backsplashes.

Rob Lewis from City Lumber contributed building materials.

John McCoy from the Fayetteville Home Depot gave us all the multicolored shingles with which our artist of a roofer was able to create landscapes on both sides of the roof. Home Depot also contributed a number of gift coupons to help defray some expenses.

Mark Barr at WeatherBarr Windows was able to custom make our entire wall of windows at his cost.

Doug Brooks at Service Supply donated a lav faucet.

Adam Tosspon at Locke Supply donated a toilet.

Allen Price helped with electrical work.

Jimmy Hill at Beaver Electric gave us two thumbs up and donated conduit and fittings.

Michael Johnson at Sharp's Lock and Alarm rekeyed our locks and gave us copies of the new keys.

Jon Vinson at RazorRooter sent out his plumbers to replumb our sinks and fix a burst pipe.

Jerry Kidder installed all the laminate backsplashes with tools and materials from his employer, Rex Cook.

Jerry's dad Lee trouble shot the old ovens and drippy faucets for us.

Ira Schwartzman came by to inspect the premises and let us know that the building had good bones, indeed!

Stephen Zisner of Commercial Refrigeration Services, who is a graduate of the Oral Roberts School of Refrigeration, did the laying on of the hands so that our chest freezer would not give up the ghost just yet.

Joann at Wholesale Laminates in Springdale gave us a tube of color matched caulk.

Jeremy Gunn at National Marble and Granite gave us a custom cut piece of granite for the concession stand shelf.

Meek's Lumber in Springdale contributed hardware.

Our thanks also to Ozark Natural Foods whose community grant was most helpful for this project.

We are also grateful for the grant from Northwest Arkansas Economic Development through the office of State Representative, Juston Harris of West Fork, AR.

Erin Chapman, Janet and Meg Adair as well as other members of the community and the board of directors have contributed generously to the project with donations that covered the purchase of used appliances, a new shed roof, a lovely microwave oven, perfect exterior doors, flooring and innumerable kind words of encouragement.

John Ford and Judith Levine provided the design work, physical labor, general contracting and contributions ranging in scope from a collection of cook books and a potted herb garden to a custom designed outfit for our official muse, Crow Johnson.

Lest one be misled into believing that the enthusiasm for this project was somehow spontaneously generated, we would like to thank Ozark Folkways' Executive Director Rebecca Buchanan for providing the spark that got the whole thing under way and the liberal use of her remarkable ability to generate that enthusiasm which kept the whole thing going. We are all looking forward to demonstration cooking classes, canning classes and a whole range of delicious and healthy snacks that will be available at the new concession stand during concerts while the weather holds.

We are most grateful to the Walker Family Foundation for their friendship. The funds that created the new stage, in turn jumpstarted the kitchen renovation project. We look forward to a continued relationship between the Walker family and Ozark Folkways as we raise funds to purchase the appliances and other kitchen equipment we will need to provide classes, workshops and camp sessions for children and adults with an interest in the culinary arts. On the evening of April 27th, 2013, Ozark Folkways celebrated the opening of the new community kitchen with a cocktail party for donors and Friends of Folkways. John Ford and Meg Adair outdid themselves providing exquisite hors d'oeuvres and dainty pastries to much well deserved acclaim!



HAVE MOWER WILL MOW

Jim Kugel will come and mow you lawn for a reasonable fee. Please call today. 479-466-8491 References available.



BRENTWOOD CEMETERY

Do you have friends or family buried in the Brentwood Cemetery north of Winslow, Arkansas? Please help us keep the lawn mowed by sending a contribution to:

Brentwood Cemetery Fund,
% Mrs. Beverly Stout,
15653 Canfield Rd,
West Fork, AR 72774. Phone 479-839-2119



YOGA IN WINSLOW

Please note new time!
Every Thursday at 5:00
Old Winslow High School Building
Led by
Steve Anderson
Cost \$5.00
Bring a Mat or Blanket
Everyone Welcome



WITHIN WINSLOW 2009 ADVERTISING RATES

Monthly
Business Card 5.00
Classified 2.50

Jo Kyle 479-634-3105

BRENTWOOD BLUEGRASS



1ST AND 3RD SATURDAY
OCTOBER THRU MAY
7:00 PM



BRENTWOOD COMMUNITY BUILDING

TROY STOUT 479-839--2119



“THE LEAST OF THESE THRIFT SHOP”

The old Assembly of God Church thrift store has been renamed “The Least of These Thrift Shop” and is now located in the old candle factory on Highway 71. The hours are Monday thru Saturday 9:00 A.M. to 5:00 P.M.

The store is trying to expand its assortment of goods into categories such as , sporting goods section, tool section, etc. Check with the ladies at the store to see what other sections they are planning. If you have no use for it and it’s in working condition consider donating it so someone else can use it.



NOTICE

**YOUR INHERITANCE
IS WAITING
AND UNCLAIMED.
INQUIRE AT
BUNYARD CHURCH
SUNDAY 10:00 AM**

**Winslow United Methodist Church
Presents**



When: June 24 - June 28

Time: 6:00 pm - 8:30pm

Place: Methodist Church

Ages: Preschool -6th grade

Call 479-634-2007

for more info

“A Man of Integrity”

*The one who lives with integrity lives securely,
but whoever perverts his ways will be found out.-
Proverbs 10:9*

As Father's Day draws near it is good to know what God expects of a man. The Bible tells us that God has ordained the man as the spiritual leader of the family. Along with that job comes the need to act in a way that is as the Bible says, with integrity.

The definition of integrity is; *“The quality of being honest and having strong moral principles; moral uprightness”*. That is what God wants all people to be, but as leaders of the home the man is to show this in his character in such a way that it becomes a way of life to his children. After all, the #1 hope of a man besides his faith in Christ is his relationship to his family. The Bible teaches that a man with integrity makes a positive reputation for himself and that reputation will impact his wife and his children. So maybe it is up to us as men to ask ourselves the question: *“What is my reputation?” “Am I a man that has a quality of honesty, or am I taking the cheap way out of life?” “Am I showing my children how to work hard, or am I teaching them how to take the easy road?”*

I have known people who have had to work very hard to erase a negative legacy left by their parents. Those reputations will follow not just us, but our children will have to live those down. It is up to us as men to step up and do what is right, to do what is moral, and to live for God who defines what is right and is the true measuring stick for what is moral. When we do, the Bible says that we will live securely. However, on the other end of that says that if we refuse to have integrity and instead chose to pervert our ways, we *“will be found out.”*

As an imperfect man living in an imperfect world my job is not to show my children a perfect walk though life. My job is to show them my love for God by doing my very best everyday to do what is right. Which is to; love my wife, love my children, put God first, live peaceably with all men, be honest, hardworking, trustworthy, patient, kind, and gentle. Father's Day is a day where you as a man can enjoy the adoration and thanks of your children. Let's make a legacy for our children that they can be proud of, let's leave them a legacy of integrity.

Happy Father's Day to all of you,

Walking by Faith,
Pastor Greg Dold
Winslow First Baptist Church

FORREST GUMP GOES TO HEAVEN

The day finally arrived. Forrest Gump dies and goes to Heaven. He is at the Pearly Gates, met by St. Peter himself. However, the gates are closed, and Forrest approaches the gatekeeper.

St. Peter said, 'Well, Forrest, it is certainly good to see you. We have heard a lot about you. I must tell you, though, that the place is filling up fast, and we have been administering an entrance examination for everyone. The test is short, but you have to pass it before you can get into Heaven.'

Forrest responds, 'It sure is good to be here, St. Peter, sir. But nobody ever told me about any entrance exam. I sure hope that the test ain't too hard. Life was a big enough test as it was.'

St. Peter continued, 'Yes, I know, Forrest, but the test is only three questions.'

First:

What two days of the week begin with the letter T?

Second:

How many seconds are there in a year?

Third:

What is God's first name?'

Forrest leaves to think the questions over. He returns the next day and sees St. Peter, who waves him up, and says, 'Now that you have had a chance to think the questions over, tell me your answers.'

Forrest replied, 'Well, the first one -- which two days in the week begins with the letter 'T'? Shucks, that one is easy.... That would be Today and Tomorrow.'

The Saint's eyes opened wide and he exclaimed, 'Forrest, that is not what I was thinking, but you do have a point, and I guess I did not specify, so I will give you credit for that answer..

How about the next one?' asked St. Peter.

'How many seconds in a year?

Now that one is harder,' replied Forrest, 'but I think and think about that, and I guess the only answer can be twelve.'

Astounded, St. Peter said, 'Twelve? Twelve? Forrest, how in Heaven's name could you come up with twelve seconds in a year?'

Forrest replied, 'Shucks, there's got to be twelve: January 2nd, February 2nd, March 2nd... '

'Hold it,' interrupts St. Peter. 'I see where you are going with this, and I see your point, though that was not quite what I had in mind....but I will have to give you credit for that one, too. Let us go on with the third and final question.

Can you tell me God's first name?'

'Sure,' Forrest replied,
'it's Andy.'

'Andy?' exclaimed an exasperated and frustrated St. Peter. 'Ok, I can understand how you came up with your answers to my first two questions, but just how in the world did you come up with the name Andy as the first name of God?'

'Shucks, that was the easiest one of all,' Forrest replied. 'I learnt it from the song,
ANDY WALKS WITH ME,
ANDY TALKS WITH ME,
ANDY TELLS ME I AM HIS OWN.'

St. Peter opened the Pearly Gates, and said:
'Run, Forrest, Run.'



Lord, Give me a sense of humor
Give me the ability to understand a clean joke,
To get some humor out of life,
And to pass it on to other folks



Handy Chart to Keep Close By

YOU SAY GOD SAYS BIBLE VERSES

You say: "It's impossible"

God says: All things are possible (Luke 18:27)

You say: "I'm too tired"

God says: I will give you rest (Matthew 11:28-30)

You say: "Nobody really loves me"

God says: I love you (John 3:16 & John 3:34)

You say: "I can't go on"

God says: My grace is sufficient
(II Corinthians 12:9 & Psalm 91:15)

You say: "I can't figure things out"

God says: I will direct your steps (Proverbs 3:5-6)

You say: "I can't do it"

God says: You can do all things (Philippians 4:13)

You say: "I'm not able"

God says: I am able (II Corinthians 9:8)

You say: "It's not worth it"

God says: It will be worth it (Roman 8:28)

You say: "I can't forgive myself"

God says: I Forgive you (I John 1:9 & Romans 8:1)

You say: "I can't manage"

God says: I will supply all your needs (Philippians 4:19)

You say: "I'm afraid"

God says: I have not given you a spirit of fear
(II Timothy 1:7)

You say: "I'm always worried and frustrated"

God says: Cast all your cares on ME (I Peter 5:7)

You say: "I'm not smart enough"

God says: I give you wisdom (I Corinthians 1:30)

You say: "I feel all alone"

God says: I will never leave you or forsake you
(Hebrews 13:5)

Believe God is there just for you...

YOU NEVER KNOW WHO MAY BE IN NEED

Psalm 121

A Song Of Ascents

1 I lift up my eyes to the mountains—
Where does my help come from?

2 My help comes from the Lord,
The Maker of heaven and earth.

3 He will not let your foot slip—
He who watches over you will not slumber;
4 indeed, he who watches over Israel

Will neither slumber nor sleep.

5 The Lord watches over you—
The Lord is your shade at your right hand;
6 the sun will not harm you by day,
Nor the moon by night.

7 The Lord will keep you from all harm—
He will watch over your life;

8 the Lord will watch over your coming and going
Both now and forevermore.

This Psalm is for those who need help. If you need help, this is where you need to go for it.
There is no other requirement for readers of this Psalm.

We all often need help. In this world we have trouble. (John, 16:33) Sometimes people give us problems.

Sometimes our bodies give us trouble.
Sometimes we bring trouble on ourselves.

When trouble comes head for the hills!!!!
Head for a hill called Sinai (Ex: 20)

Remember Moses and the burning bush. He was called to deliver his people from slavery.

God used Moses to bring plagues upon pharaoh. Moses lead Israel through the Red Sea.

Moses was on the mount with God.
On Mt. Sinai, Moses received the Law of God.

The law that declared God's Holiness.
The law that set down unchanging principles.

This Holy unchanging God offers help to those in distress.

Head for the hills called Calvary, the place Jesus died to satisfy the Law: the place of mercy and grace, (Romans 3:23-26) where forgiveness flows freely.
This is the Hill of Salvation and Hope.

Are you burdened with sin? Do you long for assurance of Heaven?
The cross is the cure.

When you are in pain, when you are unwilling to forgive,

When you have been wounded by another,

When you are offended, there's room at the cross for you.

Christ has risen as He said. We serve a living Savior!

The disciples were commissioned here. (Acts 1:8)

The promise of His return was given by angels (acts 1:11)

He will someday return here to set up His kingdom.

This is an invitation to those who need help.

Come in faith to this righteous Savior.

Come in faith to this crucified Savior.

Come in faith to this Risen , returning Savior.

You will find grace to help in your time of need, in Jesus Christ,
He is the only way to Heaven.



Saints of Christ Fellowship

By Pastor Jim Kugel

We hope everyone had a great Memorial Day.

We would like to cordially invite you and your family to join us for dinner and a wonderful sermon given by our Pastor, Jim Kugel. We meet at the Boston Mountain Fire Station across from Mikey's One Stop.

Dinner starts at 5:30 and Spiritual Dinner starts at 6.

We would love to have you. We are very laid back. Very non traditional. We ask for your participation and questions.

Have to work on Sundays? We have our service on Friday nights for your convenience.

Can't go to your church on Wed. but might be able to attend ours on Friday Nights?

Please come and try us out.

WINSLOW AREA CHURCHES INVITE YOU TO ATTEND THE CHURCH OF YOUR CHOICE THIS WEEK

ASSEMBLY OF GOD

Perry Hall, PASTOR PH. (479)263-0469 Church 479-634-5581

SUNDAY SCHOOL 10:00 A.M.
WORSHIP 11:00 A.M.
EVENING SERVICE 6:30 P.M.
WEDNESDAY EVE SERVICE 7:00 P.M.
YOUTH SERVICE WED. 7:00 P.M.

BIDVILLE COMMUNITY

EUGENE PROVENCE, PASTOR

SUNDAY SCHOOL 10:00 A.M.
WORSHIP 11:00 A.M.
EVENING SERVICE 7:00 P.M.
WEDNESDAY EVE SERVICE 7:00 P.M.

BLACKBURN COMMUNITY

MARSHA COOLEY, PASTOR

SUNDAY SCHOOL 10:00 A.M.
WORSHIP SERVICE 11:00 A.M.
YOUTH GROUP 5:00 P.M.
SUNDAY EVENING SERVICE 6:00 P.M.
WEDNESDAY BIBLE STUDY 6:30 P.M.

BOSTON MOUNTION FELLOWSHIP

TRENT HAMPTON Ph. 479-634-7631

HWY 71 NORTH, WINSLOW

SUNDAY SERVICE 2:00 P.M.
WEDNESDAY BIBLE STUDY 7:30 P.M.

WWW.WINSLOWUPC.COM

BRENTWOOD COMMUNITY CHURCH

CLOSED

BRENTWOOD HILLTOP CHAPEL

SEVENTH-day ADVENTIST CHURCH

LOCATED ON WASHINGTON CO. RD. 39

LARRY SMITH, PASTOR Ph. (479) 634-3323

SABBATH (SATURDAY) SERVICES

SABBATH SCHOOL 9:30 A.M.
WORSHIP SERVICE 11:00 A.M.

BUNYARD CHURCH

JERRY BROMLEY, PASTOR PH. (479) 305-4321

SUNDAY SCHOOL 10:00 A.M.
WORSHIP 11:00 A.M.

CHRISTIAN COMMUNITY WORSHIP CENTER

David & Cathy Holmes Pastors

13938 S HWY 265 (next door to Hogeys Mall)

Sunday Worship 10:00 A.M.,
Sunday Evening 6:00 P.M.
Weds. Worship 7:00 P.M.

GRACE FELLOWSHIP MEETS AT

BRENTWOOD COMMUNITY BUILDING.

MARK MICHAELSON, PASTOR Ph. 475-713-0657

SUNDAY WORSHIP 10:00 AM

HAZEL VALLEY COMMUNITY CHURCH

JASPER HANKENS

SUNDAY SCHOOL 10:00 A.M.
WORSHIP 11:00 A.M.
SUNDAY EVENING SERVICE 6:00 P.M.
WEDNESDAY EVE SERVICE 7:00 P.M.

HERITAGE BAPTIST CHURCH

HERITAGE BAPTIST CHURCH

Mike Caldwell, Pastor Phone (479) 387-4952

SUNDAY SCHOOL 9:45 A.M.
WORSHIP 10:00 A.M.
EVENING SERVICE 6:00 P.M.
WEDNESDAY EVENING 7:00 P.M.

LADY OF THE OZARKS CATHOLIC CHURCH

Father Timothy Donnelly, Sacramental Minister;

DAN DAILY, DEACON Ph 634-2181

SUNDAY EUCHERIST SERVICES 9:45 A.M.
1ST AND 3RD SUNDAY'S MASS 12:00 P.M.

PIGEON CREEK FREEWILL BAPTIST CHURCH

1421 PIGEON CREEK RD. MT. BURG

JUSTIN D. ALLEN, PASTOR

SUNDAY SCHOOL 9:45 A.M.
WORSHIP 10:45 A.M.
EVENING SERVICE 6:00 P.M.
WEDNESDAY EVE SERVICE 7:00 P.M.

SAINTS OF CHRIST FELLOWSHIP

JIM KUGEL, PASTOR Ph 479-466-8491

NONDENOMINATIONAL Everyone Welcome

Meal Served Friday Evening 5:30 PM

Worship Follows

UNITED METHODIST

JOHN MOORE, PASTOR Ph 479-634-7050

WORSHIP 9:00 A.M.
CHILDREN'S CHURCH 9:00 A.M.
SUNDAY SCHOOL 10:30 A.M.
TUESDAY BIBLE STUDY 6:30 P.M.

UNITY COVENANT CHURCH WEST FORK

BRIAN BOWERMAN, PASTOR Ph 479-839-3948

14680 UNION STARR RD. WEST FORK. AR

www.unitycovenant.org

WORSHIP SUNDAY MORNING 10:00 A.M.
EVENING SERVICE 6:00 P.M.
WEDNESDAY EVENING 7:00 P.M.

WINFREY VALLEY TABERNACLE

BROTHER ROY BISWELL, PASTOR Ph 479-634-5881

SUNDAY SCHOOL 9:00 A.M.
WORSHIP 10:00 A.M.
EVENING SERVICE 6:30 P.M.
WEDNESDAY EVE SERVICE 7:00 P.M.

WINSLOW CHURCH OF CHRIST

P.O. BOX 40 ZIP 72959

RON PARSLEY, Minister Ph 479-634-7484

SEARCH ON CHANNEL 29/40 7:30 A.M.
MORNING BIBLE STUDY 10:00 A.M.
MORNING WORSHIP 10:45 A.M.
EVENING WORSHIP 6:00 P.M.
WEDNESDAY BIBLE STUDY 7:00 P.M.

WINSLOW FIRST BAPTIST CHURCH

GREG DOLD, PASTOR Ph 479-634-2871

SUNDAY SCHOOL 10:00 A.M.
WORSHIP 11:00 A.M.
EVENING SERVICE 6:30 P.M.
WEDNESDAY EVE FREE DINNER 5:45 P.M.
WEDNESDAY EVE SERVICE ALL AGES 6:30 P.M.

FOR CHANGES CALL LARRY SMITH AT 634-3323, OR E-MAIL larrysmith12@juno.com Serving our community.